

High purity, activated HClO

Perfect Perio



Dentures: put dentures in a suitable container, pour in Perfect Perio, and soak for 10 seconds.

5. The product should be used up within 1 month. (Whether opened or not, the product's strength will decrease after one month and the product will not be effective.)
6. As a rule-of-thumb, use twice per day (morning and night). For users who have bleeding gums, halitosis or other symptoms of concern, we recommend using Perfect Perio Water after every meal.

\*When the product is used for an extended period, it may start to taste different due to changes in the condition of the mouth, but this does not mean the product's antiseptic properties have changed.

\*To use Perfect Perio Water to protect against new types of influenza, a basic routine is to swish for 10 seconds and gargle for 5 seconds when one returns home after going out.

### Perfect Perio Clean

For tooth brushing: A cool-mint flavored toothpaste.

1. Put around a half spoonful into a container like that shown in the figure, mix with 10 ml of Perfect Perio, put the mixture on the toothbrush, and brush teeth. \*The amounts given here are the amounts to be used when mixing Clean, not the amounts that need be used for brushing at one time. Use less or more as desired.



2. Gargling with Perfect Perio should be done after brushing.
3. Expiration date for the product is 12 months after opening.

new type of influenza virus in just 10 seconds. These results were published by the Japanese Society for Virology in November 2010.

• **A helpful tool for those living with diabetes**

Recent research has shown that periodontal disease can aggravate diabetes. Perfect Perio offers hope for improvement by killing the germs that cause periodontal disease.

• **May help prevent against aspiration pneumonia**

By killing the bacteria that cause cavities and periodontal disease, Perfect Perio may help prevent aspiration pneumonia that can be caused when such bacteria gets into the lungs via the trachea.

Use of Perfect Perio home care products

Perfect Perio Water

For gargling: A hypochlorous acid/electrolyzed water solution for killing germs that cause periodontal disease and cavities.



1. After brushing the teeth after a meal, pour around 20 ml of Perfect Perio into the mouth. (Use the included measuring cup. Swish vigorously for 10 seconds, then tilt the head back and gargle for 5 seconds. After gargling, be sure to rinse with water.

\*Do not use less than the amount indicated, or the product will not be effective.

\*10 seconds of gargling will thoroughly disinfect the mouth, so rinsing with water after gargling will not make the product less effective. If Perfect Perio is left in the mouth for a long time, the chlorine can cause mutations, so be sure to rinse with water.

2. Storage: Keep at room temperature, out of direct sunlight. Do not refrigerate. (At lower temperatures, the product may be less effective.)
3. Be sure to close the cap tightly after use. (If the bottle is left open, the concentration of the product will drop.)
4. Perfect Perio can also be used to disinfect toothbrushes and dentures. Toothbrushes: put Perfect Perio into a suitable container and dip toothbrush for 10 seconds to disinfect.

A 10-second gargle helps prevent the root causes of halitosis, cavities and periodontal disease.

·Simple, home care with a 10-second gargle

Perfect Perio is an antiseptic solution which, when gargled for 10 seconds after daily brushing, kills nearly all the bacteria that cause cavities and periodontal disease.

·Being used based on university research results

Perfect Perio is being used based on research at Tokyo Medical and Dental University, which found that Perfect Perio is more effective at killing the bacteria that cause cavities and periodontal disease than conventional mouthwashes and antiseptic solutions.

·Almost no effect on teeth

Most mouthwashes and antiseptic solutions up to now have been acidic. When used every day, these products can start to dissolve the teeth and actually make them more susceptible to cavities. Research has also shown that such products can have negative effects on normal cells in the mouth. Perfect Perio is nearly neutral and in fact slightly alkaline, so it will not cause these problems.

· Almost no effect on the body

The ingredients in Perfect Perio are the same as substances found in white blood cells and other cells. Unlike conventional products used to kill periodontal disease bacteria, Perfect Perio causes almost no problems such as side effects or allergies\*.

\*Based on tests conducted by Japan Food Research Laboratories.

·Can be used by almost anyone

Perfect Perio can be used by the elderly, pregnant women, children, and persons with chronic illnesses.

·Uses other than periodontal disease and cavity prevention

1. For cleaning and disinfecting dentures
2. For maintenance care after implant procedures
3. For preventing cavities during orthodontic treatment

For oral care as part of caregiving services

·Proven effective at killing newer types of influenza viruses

Testing at Tokyo Medical and Dental University showed that Perfect Perio killed 99.9% of a